



# KIDS

## DANCE CLASSES

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## ABOUT

**Your First Dance Co. offers children's classes for all levels from recreational fun to elite students with a view to competition or a career in dance.**

Your First Dance Co. (YFDC) is a dance studio that believes in supporting children's natural learning, creativity, and drive, by using children's propensity for fun and their competitive nature.

Our recreation classes are fun, playful, engaging, and exciting, our gorgeous dancers are not only able to learn the skills of dance; but can engage in developing cooperative skills, learn social positive behaviour, gain a personal and creative outlet, and have the opportunity to make life-long friends.

For our elite dancers, there is more focus on competition and perfecting the art of dance, through love and positive experiences. By doing this we position our students to develop a foundation of dance skills rooted in positivity, which will best position them thrive in the competitive world of dance.

Walking with them through their [First Dance experiences](#), and [Your First Dance experience as a parent](#), YFDC teachers feel honoured and we thank you for this privilege.

“  
DANCING  
is like  
DREAMING  
with your FEET  
”

## CLASSES



### JAZZ

Jazz is fast becoming a popular dance style as it is fun and energetic, showcasing dancer's individuality. Jazz classes focus on musicality, rhythm and performance. We offer Jazz recreation through to elite classes to all ages.



### ELITE STRETCH & CONDITIONING

Develop your flexibility, strength and fitness with dedicated practice at the elite level. With a focus on core work, conditioning and technique this class is highly rewarding and will boost your confidence and stamina across all dance practice.



### LYRICAL/CONTEMPORARY

An expressive dance style, often performed bare foot, is more about improvisation, personal interpretation and fluid dance movements. A great class for those who love to dance, as it incorporates elements from a number of dance genres, including jazz and ballet.



### HIP HOP

Hip Hop dance was made popular by dance crews in the USA and is often thought of as street dancing, incorporating elements of break dancing. Hip Hop heavily involves whole body movements and foot work. Hip Hop is a casual class that all children love, especially drawing interest from many young boys, which we love to see at YFDC.



## ACRO

Your child will develop and build on their skills, moving from tumbling, handstands, cartwheels and round-offs, into walk overs, aerials, and more complex combinations. Each week we will focus on functional training to develop their strength and stability. We use fun motivational games to develop confidence.

Our class age groups are flexible as our goal is to group children based on their ability rather than just age. We have a level 1 and 2 class this year, please contact us to discuss your child's individual needs.



## MUSICAL THEATRE

Explore the exciting world of Musical Theatre at our high-energy classes, where students immerse themselves in the perfect blend of singing, dancing, and acting. Our dynamic sessions include performing routines inspired by beloved musicals. For an enriched experience, we recommend enrolling your child in either a ballet or musical theatre class. Unleash their creativity and passion with our engaging program!



## PRIVATE LESSONS

These are offered as a one on one lesson or a custom group lesson with your friends. For one on one confidence building, or for development to competition or exam work (Glenn wood Tap Syllabus for example), or pick a style you want to work on. The option is yours. Half-hour, 45 minutes or 1-hour lessons can be chosen according to personal preference.



## ELITE/PERFORMANCE

Elite/Performance dance classes are offered to those who wish to develop their skills for competitions and exam work or even those who want to take their dance understanding and ability to the next level.

Please note that to do an Elite/Performance class you are required to do a ballet class outside of YFDC OR select the Ballet Conditioning & Technique class offered by YFDC.

## CONCERTS

Your First Dance Co holds a mid-year concert, stage rehearsal and an end-of-year concert.

## WHAT TO WEAR

YFDC students are required to wear our uniforms. Uniforms can be purchased online at [yourfirstdanceco.com.au/uniform](http://yourfirstdanceco.com.au/uniform) or from Flight Dance Wear in East Maitland.

In regards to footwear, we recommend the following footwear:

- Hip Hop - sneakers
- Tap Dance - black tap shoes (sleiks recommended)
- Jazz - black jazz shoes or boots
- Contemporary - barefoot or foot undies
- Ballet - pink split-sole ballet shoes
- Musical Theatre - jazz shoes



## TERMS & CONDITIONS

- Term payment is required to lock in your spot (YFDC terms align with school terms).
- Enrolment fee is \$50. This covers insurance/liability, administration; this will be an annual fee to hold your position in the class.
- If you have signed up for a term block and miss a lesson you will still be required to pay, unless you have a severe illness. A doctor's certificate must be sighted.
- An itemised invoice is provided.
- Private lessons can be invoiced, to be paid by term or by a block of lessons.
- Please give at least 24 hours notice for private lesson cancellations or rescheduling, otherwise, you will be charged the FULL lesson cost.
- Please advise your dance instructor if your child has an injury before commencing a lesson.

# POLICY & AGREEMENTS

## Corrections and behaviour

Students are shown the respect owed to them and are expected (appropriate to their age and development) to show this to their teachers in turn. If any student is particularly disruptive, a conversation will be had as to how best to support the said child, with their parents, that would not cause further disruption to the class.

## School age students and teens

Please practice respect. Students are not to be socializing in a disruptive manner during the class with other students. Please come early or stay late, where you can spend time with friends in our waiting area. Please honour your teacher and fellow students by giving your full attention and co-operation. You will be advised if we feel any student is not well adjusted to the classroom environment.

## Dance is about body positions

There will be times that the teacher will make hands-on corrections, though this will only be utilised after verbal instruction is not fully understood, and to give a felt sense of that perceived position e.g. foot rotation.

## Attendance

Regularly attending class is important in the development of the student. Parents or students should inform the teacher if they will be missing class. Students may make up the class in another age appropriate and teacher approved class. YFDC is not responsible for your child before or after class.

## Waiver of liability

I hereby release, indemnify and hold harmless Your First Dance Co. (YFDC) its owners, members, advisers, contractors, employees, and agents of these parties from all liabilities, suits, claims, and/or demands of any kind or nature, legal or financial, whether caused in any way by the negligence or not, arising from the participation in or observation of any YFDC activity for injuries to any person or property, whether on or off the premises. The student/participant does voluntarily participate in any and all YFDC activities and that the student/participant and I understand that certain risks are inherent to and from participation and involvement with YFDC and in its various activities. YFDC is not responsible for any lost or stolen property, at any time. If anyone is found to be violating any of the rules, codes of conduct, or found to be disruptive to either another individual or group, may be asked to leave the premises or off-site location at any time and be refused re-entrance without any full or partial refund.

## Medical release

By signing the registration form you authorise that in your absence YFDC, its owners, members, contractors, all employees, and agents of these parties to act for the student/participant named according to their best judgement in providing or arranging for emergency care in any emergency circumstance requiring medical attention.

### **Injuries**

Injuries must be dealt with efficiently and effectively to ensure no long-term damage to the student. If an incident occurs in class an incident report will be filled out and filed for future reference. If a teacher is concerned about a continuing complaint of a student the parent will be notified and the advice of a health professional may need to be sought.

If an injury is being dealt with by a health professional please ask them to write what the teacher is required to do with the student in class i.e. modify exercises, ice an injury between classes, massage, avoid certain movements, and advise of a recovery plan. This way consistent treatment can occur.

### **Late Pickup**

We understand that life gets busy (so does the traffic) and you may not always be on time to pick up your child. Please text Anne Marie 0438 401 872 or text your child's Dance teacher to let us know and we can let your child watch class. We then also know when you have arrived to pick them up, as you will have to come into the studio. If you need your child to leave class early, please advise us as above to let us know. Students will not be permitted to leave class until the teacher has dismissed the class unless we have received the prior request via text.

### **Fees**

All Fees are emailed to you by Week 2 of each Term to your registered email address in our Dancebiz Accounting System. Our preferred method of payment is via the Invoice Link or by bank transfer with the invoice number in the reference field. We do accept Cash and Any cash payments should be made in an envelope accompanied by the tear off slip at the bottom of your invoice.

### **Private Lessons**

All weekly private lessons will be invoiced on term basis – e.g. 10 lessons for a 10 weeks term or paid as you go via cash. If a student cancels a lesson for any reason within 24 Hours, no refund or makeup lesson will be offered. If a teacher cancels a lesson, either refund or makeup lesson (where available) will be offered.

All One Off Private Lessons can be invoiced, using the above payment options but must be paid before class commencement.

### **Q & A**

For any concerns that arise, no matter how small they seem, we want to know. Communication is the key to a good relationship as nothing can be improved or resolved if the studio is not notified. Please email [lessons@yourfirstdanceco.co.au](mailto:lessons@yourfirstdanceco.co.au) and matters will be referred to respective contacts accordingly. If you wish to discuss directly with the director, please contact Anne Marie, 0438 401 872.

### Viewing

Viewing opportunities include exam rehearsals, dress rehearsals, concerts & eisteddfods/competitions. Parents are also encouraged to view the last 10 minutes of any lessons though please ask your relevant teacher first. This will help while rehearsing at home and assisting with the students' progressions.

If you have a recording device it is a good idea to record what they have learned that lesson for their reference and any corrections the teacher may have for them. If you cannot make it, provide them with a device the teacher can record them with.

### Receiving Correspondance

You should receive regular correspondence from YFDC. If you are not receiving these please let us know and we will test the contact details we have on our DanceBiz System. It could possibly be in your Junk Mail.

### Discounts & Incentives

- Earn Free Dance Classes: Bring a Friend & when they sign up they receive a \$50.00 discount towards fees, and you receive a \$50.00 credit towards fees too!
- YFDC Recommendations on Social Media: Member Social Media Discount Policy:
- We value our members at YFDC and appreciate your support. To express our gratitude, we offer a 10% discount on your current invoice or a credit toward the next term's fees when you actively engage with us on social media.
  - Here's how it works:
    1. Share content from the YFDC business page on your social media platform (From Both our Facebook & Instagram
    2. Tag YFDC in your shared post.
    3. Repeat this process once a week for five consecutive weeks.

Upon completing these steps, you'll qualify for the discount or credit.



# COVID SAFETY AND POLCIES

## COVID Policy

In the instance of a lockdown or forced closure due to COVID, where possible, classes will be delivered online.

Refunds will not be issued for classes cancelled, relocated or adjusted as a result of COVID.

Where is student misses a class due to the need to isolate, no refund is available, however where possible, the student will be offered a make up class from our regularly scheduled classes.

## Refund Policy

### FREE TRIAL FIRST LESSON

Here at YFDC, we are delighted to offer all new students a free trial class, applicable to the first class only. This is designed to ensure all of our students enjoy the YFDC way!

### PAYMENT TERMS

All fees are payable ASAP. Payments can be made online or by direct deposit. If any issues arise, please organise a payment date.

### NOTICE OF CANCELLATION

Withdrawal from participation is possible at any time. Notice of withdrawal should be send in writing to [lessons@yourfirstdanceco.com.au](mailto:lessons@yourfirstdanceco.com.au).

### REFUNDS

YFDC offers a free trial so you can be sure our classes are right for you. As such, YFDC has a no refund or credit policy (including chnage of mind, sickness/injury, social reasons or mid term starts). Family holidays/vacations will be considered on a case by case basis so please submit your request in writing.